



FAMILY RESOURCE CENTER
St. Croix Valley

Growing Kids

By Growing Families

Celebrating 10 Years of Service to Children & Families!

Summer 2008, June - August

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The mission of Family Resource Center St. Croix Valley is to strengthen children, families and communities by offering education, resources and support.

Grow & Go with the Family Resource Center

Providing education and inspiration about the Family Resource Center St. Croix Valley is the focus of our **Grow & Go** events. Attend a **G & G** and you will hear stories about how FRC affects "real" children and families in our western Wisconsin communities. These families and children are waiting to participate. Find out why our greatest challenge is this growing waiting list.



Video features funny faces

Whether you arrange a visit and tour of the Center or schedule a **Grow & Go** presentation for your community organization or business, our video, *Funny Faces* will be included in the program. AeAe

Funny Faces features television news anchor Frank Vascellaro and the Federal Reserve Bank's Arthur Rolnick, an expert on early childhood development's impact on economic development. The funny faces in the video were provided by babies and children who participate in FRCSVC's programs while parents commented on the value of our services and how their parenting confidence has increased.

Funny Faces has received two international awards: an AVA gold award in December and the Telly Bronze award in May, 2008.

A vision of growing kids by growing families

The mission and programs of FRCSVC strengthen children, families and our communities. If you want to know how we work to give young children and families of the St. Croix Valley the best start possible, contact Vivian at 715-684-4440 to schedule an informative and fun **Go & Grow**-- a presentation for your group, a tour of our facility or just a copy of *Funny Faces* to view at your leisure.



Third Annual Gala Was A Success: Thank You Supporters!

Celebrating ten years of service to children and families, Family Resource Center's annual Reach for the Stars event was held on April 27 at the R & D Banquet Facility in New Richmond.

"Our financial goal was met this year," said Patty Draxler, FRCSVC's Executive Director. "We are truly grateful to all of our sponsors, auction donors, volunteers and participants who help us bring our programs and services to families in Pierce, Polk and St. Croix Counties."



RFTS Sponsors

Gold sponsors: Donaldson Company and OEM Fabricators. **Silver sponsors:** First Bank of Baldwin, Northern Metal Fabricators, Shafer Financial Services, Excel Energy Corporation, Contour Plastics and Bremer Bank. **Bronze sponsors:** Nilssens's SuperValu, Behavior Solutions Plus, PA, and Durand Builders Service.

Thank you for another successful Reach for the Stars!

Fax to Quit Smoking



The US Department of Public Health recommends that the treatment of tobacco dependence includes both medication and counseling. This combination makes successful quitting 4 times more likely.

That's why the Family Resource Center has taken on yet another new partner in programming. This time we aim to help parents improve their health by assisting them with their efforts to quit smoking.

Our role in helping parents tackle the difficult journey of quitting smoking is to connect them with the Wisconsin Tobacco Quit Line through the *Fax to Quit* Program. With *Fax to Quit*, tobacco users no longer have to take the first step in calling the Quit Line. Instead, a Quit Line counselor will proactively contact the tobacco user to provide an intervention after receiving a faxed consent form.

The Wisconsin Tobacco Quit Line offers free, evidence-based, individualized counseling to anyone, anywhere in Wisconsin who wants to stop using tobacco. The Quit Line is for people ready to make a quit attempt, preferably within 30 days. It is not designed to convince a smoker to quit.

If you are ready to make that first attempt or maybe try again, FRC Staff will happily provide the Fax form that will start you on your way to being a nonsmoker. Anyone can also contact the Wisconsin Quit Line on their own by calling: 1-800-QUIT-NOW.

BadgerCare Plus Helps Families Stay Healthy

Family Resource Center St. Croix Valley has collaborated with St. Croix County Public Health to provide enrollment for the NEW BadgerCare Plus program. BadgerCare Plus is health care coverage for families who need and want it and for kids.

It provides coverage to ALL children—birth to 19 years of age-- regardless of income. There are no co-payments for well child check-ups and other preventive services.

BadgerCare Plus offers access to affordable, comprehensive health care for more pregnant women, self-employed parents and farmers and youth aging out of foster care. It is designed for people who do not currently have access to health insurance and is not to replace private insurance.

On the first Thursday of every month, FRCSVC will have appointments available in its Baldwin facility to help you and your family complete a BadgerCare Plus application.

Please call 715-684-4440 to get an appointment or for more information. (Other appointment days and times may be available.)



Attention FRCSVC Community Partners: Businesses and Community Organizations



Sponsor our newsletter's seasonal pull-out schedule of classes and activities and your organization will receive the following benefits:

- **Your info will appear on the newsletter activity page.**
- **You get maximum exposure as parents will use the handy, pull-out schedule regularly.**
- **Your info will appear frequently; schedule will print 4x per year.**
- **Get your name in front of our mailed and emailed circulation of more than 2000 families and individuals.**
- **Be among the first to have your name included when we launch our new newsletter design this fall.**



Call now for specifications and rates!
Contact Mary or Vivian
715-684-4440
info@frcscv.org



BABY & ME

A play and discussion hour for parents and their infants (Birth to 12 months).

Some of the topics discussed include:

- Sleep
- Reading Baby's Cues
- Taking Care of Mom
- Child Development
- Separation Anxiety
- Nutrition
- Music
- Baby Sign
- Massage
- Family Traditions

Join us each week for information and relaxation.

Pre-registration required by calling 684-4440.

Amery Mondays 1:00 pm – 2:00 pm at Amery Regional Medical Center, Classroom D.

Baldwin Wednesdays 1:00 pm – 2:00 pm at FRCSCV, 857 Main St, Baldwin.

New Richmond Fridays 10:30 am – 11:30 am at Westfield's Hospital, Conference Center, New Richmond.

River Falls Fridays 10:30 am – 11:30 am at River Falls Area Hospital, Classrooms B & C, River Falls.

SUMMER PLAY & LEARN GROUPS

Play & Learn Groups provide opportunities for children to interact with their parents and children their own age. Parents can also discuss parenting strategies, dilemmas and everyday happenings with a Parent Educator and other parents going through similar situations.

Spring Valley: Tuesdays 9:00 -10:00 am @ Handy Andy Park

Hudson: Tuesdays 1:00-2:00 pm @ Williams Park

Baldwin: Wednesdays 10:00 -11:00 am @ Dutch Heritage Park (behind Jacobson's)

New Richmond: Wednesdays 10:00 -11:00 am @ St. Luke's Lutheran Church Playground, 367 W. River Dr.

Baldwin: Thursdays 10:00 -11:00 am @ FRCSCV, 857 Main St.

- ☺ **No registration required**
- ☺ **Summer Session runs from June 16 to August 28**
- ☺ **No classes June 1-11**
- ☺ **In case of rain, meet at regular indoor location**



Join us on a Field Trip to the **Emerald Dairy Farm**

2487 County Road G
Emerald, WI 54013

Friday, June 20, 10:30 am

(Please arrive at the farm by 10:20 am.)

We will get to see where the cows live, how they are taken care of and where our milk comes from.

We will even get to visit the baby calves. If you wish to pack a lunch, there will be an area set up for you to picnic at noon.

RSVP by calling 715-684-4440

on or before June 13.

No fee for this field trip.



Fawn-Doe-Rosa Field Trip

Friday, August 8, 2008 at 10:00 am
at

Fawn-Doe-Rosa Wildlife Education Park

2131 Highway 8

St. Croix Falls, WI 54024

Cost: **\$5.00 per person** (child & adult)

PAYABLE AT FAWN-DOE-ROSA GATE

Children 2 years and under are free.

Pony rides and animal food extra on site.

Bring your picnic lunch to enjoy in their picnic area after the tour.

RSVP by calling 715-684-4440

on or before Monday, July 28, 2008.

United Way



**FRCSCV & UNITED WAY
SUCCESS BY SIX INITIATIVE**

We are partners with United Way St. Croix Valley to help support the mission of the Success By Six program that focuses on all children from birth to six.

The local Success By Six Initiative coordinates opportunities for agencies to work together so children in St. Croix & Pierce Counties start school ready to learn!!

**FALL REGISTRATION
PLAY & LEARN GROUPS**

August 18

9:00 am

Call 715-684-4440

Would your organization like to be a newsletter sponsor?
Contact Vivian at 684-4440 or vivian@frcscv.org

Family Resource Center St. Croix Valley
Regular Office Hours
9:00 am to 2:00 pm, Monday thru Thursday

WAYS TO SUPPORT FRCSCV

Family Resource Center St. Croix Valley is a nonprofit organization that relies on community grants and donations to provide quality family programs. Please consider making a donation to help support our programs. Your generosity will be greatly appreciated!!

FUNDING FACTORY

Thank you for all your efforts and keep them coming. The more we collect, the more money we have for great play & learn groups, home visits and class opportunities.

Items we collect include:

- **Cell phones**
- **Printer Cartridges**

Please consider donating your time to help package the collected items. Please contact Mary.

ECONO FOODS RECEIPTS

Did you know that for every \$150,000 in Econo Foods receipts we receive, we can get a \$1,000 back to help fund our programs.

This is a very easy way to help FRCSCV!

So save those receipts and drop them off or mail them to:
857 Main Street
PO Box 2087
Baldwin, WI 54002.

MILK MOOLA

Don't forget to bring your Kwik Trip Milk Moola labels to the Center. Eligible products can be found at www.kwiktrip.com

KWIK REWARDS FUND-RAISING PROGRAM

Do you use a Kwik Trip Credit Card? If so, consider designating FRCSCV as the charity. Once we receive 5 (five) designations, we are eligible for the program. Please check it out at www.kwiktrip.com

Positive Parenting

This series will help you identify what you do well as parents and you will learn skills to strengthen what you would like to improve. Topics included are:

- Discipline: Kids don't have to hurt to learn how to behave.
- Spanking: Why physical punishment doesn't work.
- Parenting styles: Jellyfish, brick wall, ghost and backbone-choosing the parenting style that works.
- Parenting tools: What to do instead.
- Setting limits and consequences.
- How to use time out.
- Teaching respect.
- How to praise to get good behavior and build self-esteem.
- Dealing with your child's anger and your frustration.
- Keeping an eye on your kids no matter what age.
- Teaching responsibility.



Mondays, July 7th, 14th, 21st, & 28th
from 6:30-8:00 pm at
YMCA in Hudson

Instructor: FRCSCV Parent Educator
Childcare is provided free of charge.

Pre-Registration is required
by calling 684-4440.

WISH LIST

The **Family Resource Center St. Croix Valley** is *always* in need of items to continue our work with families. The following are some specific needs of the center:

- **Monetary Donations**
- Current Parenting Books
- Tissues
- Liquid Hand Soap
- Wet Wipes
- Puzzles
- **Copy Paper**
- **100% Juice**
- Card Stock
- **Gas Cards**
- Stamps
- Diapers (All sizes)
- **Nutritious Snacks**
- Dress-up Clothes
- **Garbage Bags (13 gal)**
- Scrap Booking Supplies
- **Toilet Paper, Paper Towels, Napkins**
- Plates, Plastic Tableware
- Any other items are always welcome and appreciated!

You can also donate online.
Visit us at www.frcscv.org

**Yes! I want to help the
Family Resource Center St. Croix Valley
give children the best start possible!**

Name(s) _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

Gift Amount:

_____ \$1000 _____ \$500 _____ \$250
 _____ \$100 _____ \$50 _____ Other

_____ My check, payable to FRCSVC, is enclosed.

_____ Please charge my pledge of \$25 or more to:

_____ Visa _____ MasterCard

Card # _____ Exp. _____

_____ My employer will match my gift;
please contact me.

_____ Please contact me about making a gift
through my will or estate plan.

I want my gift to fund:

_____ Greatest need _____ Program support
 _____ Permanent fund _____ Other

***Thank you for helping us
"Grow Kids By Growing families!"***

Detach Donation Form and mail to:



FAMILY RESOURCE CENTER
 St. Croix Valley
Growing Kids by Growing Families
 857 Main Street, P.O. Box 2087

DIRECTOR'S CORNER

Howdeeeee! I can't seem to get the *Reach for the Stars* western theme out of my head. Maybe it is because it was such a fun event or because we were able to connect with old friends. Perhaps it was because we saw many new friends participate or maybe I'm just a country girl at heart. Whatever the reason, I am grateful that we have such a strong family of friends that supports the mission of the Family Resource Center St. Croix Valley with words AND ACTION!

Special thanks to the Development Committee and RFTS sub-committee, business sponsors, volunteers and auction item donors, along with staff members Vivian Hart and Mary Handrahan and intern Jeanna Thompson, who really made this event the success that it was! THANK YOU!

Every year as we plan this spectacular event, our family of friends and supporters grows. Building a strong, stable support system for the future of the organization parallels the work that the Parent Educators do in the field-- building strong, stable support systems for families. As the organization's support system becomes larger and stronger, we are able to touch and strengthen even more families. The RFTS event, like no other, assists in building our strength as an organization. If you haven't attended in the past, why not attend next year? Help us build our family and have a great time doing it!

As we thank our friends who devote time and attention to FRCSVC in a variety of ways, we need to say a special THANK YOU to Lois Burri, long-time Board Member and friend. Lois has been instrumental in coordinating many events and fundraisers for FRCSVC and we are really going to miss her! We wish you well, Lois!

Have a GREAT summer everyone!

Patricia A Drapler

Executive Director

YOU Can Round-Up for Kids



Family Resource Center's 10th Anniversary Round-Up Campaign has a two-fold purpose:

1. to raise awareness about FRCSVC's mission to strengthen children, families and communities.
2. to fund programs & services that improve the lives of children from birth to six years old and their families.

Each time a customer makes a purchase, the cashier at the participating business offers the customer an opportunity to "round-up" his/her purchase to the nearest dollar (or more) for the Family Resource Center

Three local businesses who have expressed support for Round-Up:

- ✓ **Nilssen's SuperValu, Baldwin**
Round-Up scheduled for Sunday, July 27 thru Saturday, August 2, 2008
- ✓ **Dick's Market, River Falls**
Round-Up dates TBD
- ✓ **Hazelnut Tree, Baldwin**
Thank you for your participation in April!



You can help us by supporting our Round-Up business partners. Remember to do your grocery shopping at Nilssen's during the week listed above; call **715-684-4440** for more information about the Dick's Market schedule.



FAMILY RESOURCE CENTER
 St. Croix Valley
Growing Kids by Growing Families

857 Main Street
 PO Box 2087
 Baldwin, WI 54002

Phone: (715) 684-4440
 Fax: (715) 684-5122
 E-mail: info@frcscv.org



PRSR STD
 US
 POSTAGE
 PAID
 NRMS, INC.

Please notify us if your mailing address has changed.
 For an electronic version of this newsletter, email info@frcscv.org or call Mary @ 715-684-4440. Thank you!

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**BABY & ME
 CLASSES**
 \$800 - \$1,000
 per 10 week
 session!

**TEEN PARENT
 PROGRAM**
 \$1,640 per
 family per
 year!

Check out our website at: www.frcscv.org
 Our entire calendar schedule is online, along with
 resources and events that are happening through
 FRCSCV. You are also able to make donations online
 using our secure link.
DID YOU KNOW?
THE FAMILY RESOURCE CENTER
ST. CROIX VALLEY IS FUNDED
MAINLY BY GRANTS AND DONATIONS.
PLEASE GIVE GENEROUSLY!!

Donate Online

HOME VISITS
 \$1,300 per
 family per year!

**PLAY & LEARN
 GROUPS**
 \$5,000 - \$7,000
 per group per
 Year!